

2025
4A Districts 1/2/6 Gymnastics Meet
Gymnastics Championships Syllabus
Saturday, 2/8/2025

Location:

Lake Washington High School

Address: 12033 NE 80th St, Kirkland, WA 98033

Meet Policies and Regulations:

The meet shall be governed by WIAA rules and regulations.

Meet Director:

Rich Klee – Bothell HS Athletics Director

rklee@nsd.org

cell phone: (206) 409-9825

Meet Manager:

Ryan Fleisher

issygymnastics@yahoo.com

cell phone: (425) 443-1899

Games Committee:

Rich Klee, Colin Falk, Kingco Athletic Director, 1 coach that is not involved, and 1 official.

School Roster: Roster of competitors are due to Ryan Fleisher by **2/3/2025**.

Roster includes: 2 coaches, attending Administrators/AD, and **competing gymnasts**.

- Please indicate how many gymnasts are competing in each event if it is less than the event maximum of six.
- Rosters are used for Districts and State.
 - Please note that the roster does not change for State.
 - **If an athlete is not available to compete at the State meet, the athlete is not eligible to compete at the District meet.**
- Non-competing gymnasts will need to purchase a ticket to attend.
- Any additional coaches will need to purchase tickets. Only two coaches per team are allowed on the competition floor.

Admission Prices:

- Tickets can be purchased on GoFan.com or can be purchased on site with debit/credit card
- THERE WILL NOT BE CASH BOX ON SITE.
- Adults & student w/o ASB → \$9 base ticket price plus online fee
- Students with ASB, and K-8, and Seniors → \$6 base ticket price plus online fee
- Cheerleaders in uniform/team sweats and on the official school roster will be admitted free

Passes: WSSAAA, WIAA and District 1/2/6 passes are the only passes that will be honored. Specifically, League faculty passes, and scouting passes will not be honored.

Gates open at 9:30 am.

Teams arriving prior to 9:30 am shall wait in their vehicles until doors open.

Sportsmanship/Spirit: Signs, Flags, Noisemakers

- Each school may have one official school banner.
- Noisemakers will not be allowed. Any fan unwilling to give up noisemaker(s) will be removed.
- No handheld signs including big heads.
- No balloons.
- No flash photography. Anyone taking pictures must be seated in the stands.
- No distractions of any kind.

Post Season Playoff Supervision:

Each school must have an administrator or designee present for crowd control issues with their fans. It is not the job of the tournament director or meet managers to address fan behavior during the meet.

Meet Format: Warm up four events. Compete with no one touch.

Entries: Each school can compete a max of 6 athletes per event.

Time Schedule: a specific time schedule will be sent out with the draw the week of 1/27/25.

Saturday Feb. 8, 2025 at Lake Washington HS

<u>Session 1</u>	<u>Session 2</u>	<u>session 3</u>
<ul style="list-style-type: none"> • open stretch 9:15-9:30 • warm up events 9:30-10:45 • March in 11:00 • COMPETITION 	<ul style="list-style-type: none"> open stretch 12:45-1:00 warm up events 1:00-2:15 • March in 2:30 • COMPETITION 	<ul style="list-style-type: none"> open stretch 4:15-4:30 warm up events 4:30-5:45 • March in 6:00 • COMPETITION

Awards ceremony at approximately 7:30
(starting immediately after session 3 ends)

Medical and Athletic Training: There will be a trainer on site for all sessions. Each school needs to provide their own tape, pro wrap and supplies. Please bring your training kits.

Equipment: Here is a list of the meet equipment available besides the mats at each rotation:

- vault safety zone folding
- RO entry mat (rectangle)
- 8 in for each event
- 20cm vault landing mats

Music: Each school will provide their own music in an MP3 format.

Rotations: Rotations will be emailed the week of the District meet.

Crowd Control: The floor is limited to athletes competing.
Athletes that are not competing need to be in the stands.

Belongings: the host High School is not responsible for the safety of belongings. Athletes need to keep belongings with them. Please have the competitors limit what they bring – no blankets, pillows, extra bags, extra backpacks etc.

Photographers are not allowed on the competition floor.

- They need to be in the stands and not use flash photography.
- All photographers must have WIAA approved media credentials and they must be visible.

Awards: Immediately following the last session. After awards is when pictures of qualifiers are taken for the state program, so everyone who competed must be at awards.

Allocations: To State from **District 1/2/6:**

- **3 teams • 5 All Arouds • 14 Individuals**

WINTER ALLOCATIONS

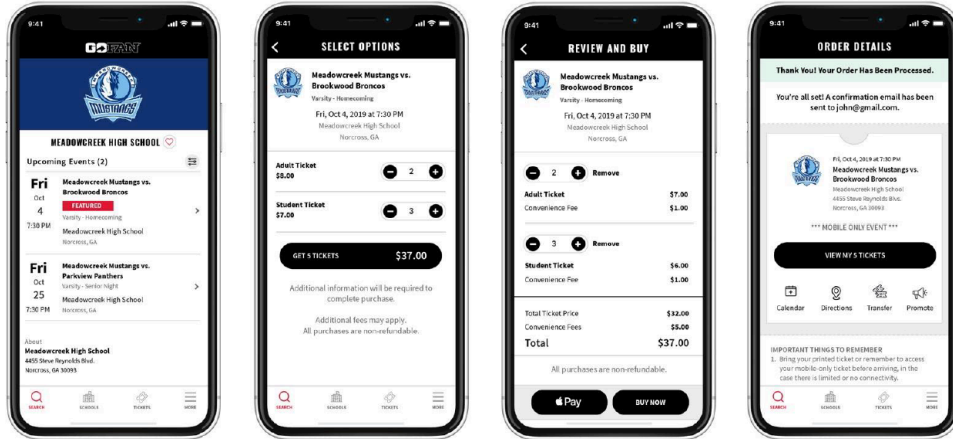
1/13/2025

4A	D1	D2	D3	D4	D5	D6	Entries Per Year
Boys Basketball (60)	6/5		6/6		2/2	2/3	16
Girls Basketball (60)	6/5		6/6		2/2	2/3	16
Girls Bowling (Team) (35)	1/2		5/5	1/2	3/2	2/1	12
Girls Bowling (Individuals) (35)	3/4		13/13	4/3	6/6	4/4	30
Gymnastics (Team) (31)	3/3		3/3		-	CB D1/2	6
Gymnastics (Individuals) (31)	14/14		13/13		-	CB D1/2	27
Gymnastics (All Around) (31)	5/4		4/5		-	CB D1/2	9

Purchasing Tickets:

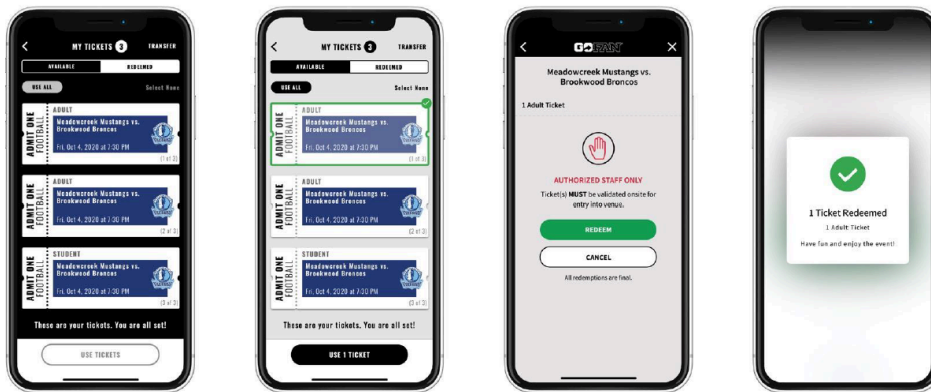
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GO FAN EXPERIENCE: PURCHASE



1 SELECT EVENT 2 SELECT TICKETS 3 BUY TICKETS 4 CLICK "VIEW TICKETS" AND PRESENT AT GATE

GO FAN EXPERIENCE: SUPERSIMPLE ENTRY



1 FANS PRESENT TICKETS AT GATE 2 SELECT TICKET(S) TO REDEEM, CLICK "USE TICKET" 3 PRESS "REDEEM" 4 FANS ENJOY GAME

NO HARDWARE

NO COST

NO WIFI

NO HASSLE

GO FAN info

and

QR code

here

School Roster Form

School:	
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Head Coach:	
Asst. Coach:	

Admin:	Admin:
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Competing Athletes:

<u>Last</u> Name	<u>First</u> Name	Year (9, 10, 11, 12)