

WCD III 1A/2A Girls Swim and Dive Championshi - 11/8/2024 to 11/9/2024
2024 West Central District III 4A Girls Swim and Dive Championships
Psych Sheet

Event 1 Girls 200 Yard Medley Relay

1:44.31 AAA All American
1:46.22 AAC All American Cons
2:02.00 ST2A

Team	Relay			Seed Time
1 Bainbridge Girls Swim and Dive				1:56.00 ST2A
1) Rehder, Lily FR	2) Everett, Lena SO	3) Kriegh, Sara SR	4) Majors, Piper SR	
2 North Kitsap Vikings				1:56.48 ST2A
1) Hedstrom, Aubrey JR	2) Yates, Carly JR	3) McLain, Shosho SO	4) Husmoe, Ashley JR	
3 Port Angeles High School				2:05.52
1) St Luise, Brooke SR	2) Shaw, Lizzy JR	3) Nelson, Amayah SO	4) Asgeirsson, Danika SR	
4 Bremerton High School				2:06.49
1) Bevers, Evvie SO	2) Patti, Gabbie SR	3) Baptiste-Cerra, Chloe FR	4) Harmon, Avari JR	
5 Olympic Swim Team				2:09.39
1) Vogelpohl, Kaylee SO	2) Coviello, Jasmyrn SR	3) Leong, Tammy SR	4) Bischoff, Elsa JR	
6 Steilacoom				2:09.95
1) Field, Ava JR	2) Norquist, Ella JR	3) Anderson, Kyra SO	4) Courtney, Kristin FR	
7 Sequim High School				2:12.34
1) Nelson, Melia SR	2) Ellefson, Annie JR	3) Shinkle, Ava SO	4) Morey, Keira SR	
8 Fife High School				2:20.35
1) Krueger, Tabitha SR	2) Lujan, Skylee SR	3) Bershatsky, Kat JR	4) Opanasevych, Sofia JR	
9 Klahowya Girls Swim				2:20.47
1) Farmer, Yulia SO	2) Leaf, Addy SR	3) Leaf, Avery FR	4) Corn, Allison JR	
10 East Jefferson				2:22.16
1) Ferland, Bella SO	2) Bosley, Stella FR	3) Schmidt, Ursula SO	4) Mack, Zella JR	
11 Clover Park High School				2:22.97
1) De Vega, Mia SO	2) Ayala, Nadia FR	3) Stephens, Lola JR	4) Christensen-Lindsay, Alyssa SF	
12 Eatonville Cruisers				2:24.05
1) Tomin, Nicole JR	2) Forsman, Gracie SR	3) Howard, Annika JR	4) Bernt, Kaylee SR	
13 Kingston Buccaneers				2:49.71
1) Grimes-Swart, Taylor JR	2) Miller, Zoe SO	3) Spencer, Phoebe FR	4) Watson, Quinn SO	

Event 2 Girls 200 Yard Freestyle

1:48.79 AAA All American
1:50.65 AAC All American Cons
2:06.00 ST2A

Name	Year	School	Seed Time
1 Husmoe, Ashley	JR	North Kitsap Vikings	2:03.90 ST2A
2 Keigley, Audrey	FR	Bainbridge Girls Swim and Dive	2:08.98
3 Nelson, Amayah	SO	Port Angeles High School	2:09.76
4 Anderson, Kyra	SO	Steilacoom	2:16.06
5 Sullivan, Aine	JR	Foss High School	2:17.62
6 Bernt, Kaylee	SR	Eatonville Cruisers	2:17.85
7 Corn, Allison	JR	Klahowya Girls Swim	2:18.15
8 Everett, Margaret	SO	Bainbridge Girls Swim and Dive	2:18.61
9 Harmon, Avari	JR	Bremerton High School	2:19.79
10 Wolf, Maya	SO	Bainbridge Girls Swim and Dive	2:19.85
11 Heinrich, Melanie	SO	Washington High School	2:20.71
12 Vogelpohl, Kaylee	SO	Olympic Swim Team	2:20.82
13 Schramling, Nat	SR	Bainbridge Girls Swim and Dive	2:21.28
14 Reid, Lynzee	JR	Port Angeles High School	2:21.58
15 Hanby-Perless, Serena	SR	East Jefferson	2:21.60
16 Barry, Nadia	SR	North Kitsap Vikings	2:21.81
17 Nelson, Melia	SR	Sequim High School	2:23.17

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Event 2 ... (Girls 200 Yard Freestyle)

18	Opanasevych, Sofia	JR	Fife High School	2:23.48
19	Parry, Eden	SR	North Kitsap Vikings	2:24.01
20	DuBois, Emerson	SR	Port Angeles High School	2:28.04
21	Baysden, Emalee	SO	North Kitsap Vikings	2:34.21
22	Lambert, Harmony	SO	Clover Park High School	2:41.54
23	Stumph, Charlotte	JR	Eatonville Cruisers	2:46.03
24	Korrell, Delaney	JR	Foss High School	2:51.32

Event 3 Girls 200 Yard IM

2:01.38 AAA All American
2:04.11 AAC All American Cons
2:23.00 ST2A

	Name	Year	School	Seed Time	
1	Field, Ava	JR	Steilacoom	2:08.62	ST2A
2	Patti, Gabbie	SR	Bremerton High School	2:09.25	ST2A
3	Everett, Lena	SO	Bainbridge Girls Swim and Dive	2:19.50	ST2A
4	Rehder, Lily	FR	Bainbridge Girls Swim and Dive	2:20.98	ST2A
5	Longridge, Olivia	SO	Bainbridge Girls Swim and Dive	2:25.19	
6	Yates, Carly	JR	North Kitsap Vikings	2:25.20	
7	Shinkle, Ava	SO	Sequim High School	2:27.08	
8	Baptiste-Cerra, Chloe	FR	Bremerton High School	2:33.64	
9	Atchison, Evie	SO	Bainbridge Girls Swim and Dive	2:33.80	
10	Cera, Izzy	SR	North Kitsap Vikings	2:38.53	
11	McVey, Estella	FR	North Kitsap Vikings	2:38.76	
12	Leong, Tammy	SR	Olympic Swim Team	2:42.79	
13	Lujan, Skylee	SR	Fife High School	2:47.01	
14	Howard, Annika	JR	Eatonville Cruisers	2:47.14	
15	Tracy, Laura	JR	Olympic Swim Team	2:53.18	
16	Ayala, Nadia	FR	Clover Park High School	2:55.75	
17	Seera, Damun	SR	Port Angeles High School	2:57.59	
18	Leaf, Addy	SR	Klahowya Girls Swim	3:07.59	

Event 4 Girls 50 Yard Freestyle

23.08 AAA All American
23.54 AAC All American Cons
26.10 ST2A

	Name	Year	School	Seed Time	
1	McLain, Shosho	SO	North Kitsap Vikings	24.82	ST2A
2	Geddes, Maya	SR	Bainbridge Girls Swim and Dive	25.41	ST2A
3	Farmer, Yulia	SO	Klahowya Girls Swim	25.69	ST2A
4	Ruddick, Shea	FR	Bainbridge Girls Swim and Dive	27.31	
5	Nelson, Anika	FR	Bainbridge Girls Swim and Dive	27.74	
6	Shaw, Lizzy	JR	Port Angeles High School	27.97	
7	Brown, Camden	FR	Bainbridge Girls Swim and Dive	28.02	
8	Behrenfeld, Akeyla	SR	East Jefferson	28.14	
9	Leithead, Jane	SR	North Kitsap Vikings	28.63	
10	Bischoff, Elsa	JR	Olympic Swim Team	29.23	
11	Christensen-Lindsay, Alyssa	SR	Clover Park High School	29.40	
12	Stephens, Lola	JR	Clover Park High School	29.61	
13	Francis, Mia	FR	Port Angeles High School	29.89	
14	Ferland, Bella	SO	East Jefferson	30.23	
15	Courtney, Kristin	FR	Steilacoom	30.44	

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Event 4 ... (Girls 50 Yard Freestyle)

16	Mack, Zella	JR	East Jefferson	31.90
17	Sol, Holland	JR	Sequim High School	32.82
18	Wolters, Bella	SR	Eatonville Cruisers	33.41

Event 5 Girls 1 mtr Diving

	Name	Year	School	
1	Reid, Lynzee	JR	Port Angeles High School	260.60
2	Smith, Audrey	SO	Steilacoom	237.70
3	Leithead, Jane	SR	North Kitsap Vikings	225.80
4	Riegel, Ema	JR	North Kitsap Vikings	193.35
5	Dennon, Darya	SO	Bainbridge Girls Swim and Dive	140.50
6	Jessen, Catherine	SR	Bainbridge Girls Swim and Dive	96.15

Event 6 Girls 100 Yard Butterfly

54.32 AAA All American
55.58 AAC All American Cons
1:04.80 ST2A

	Name	Year	School	Seed Time	
1	Kriegh, Sara	SR	Bainbridge Girls Swim and Dive	1:02.96	ST2A
2	Hedstrom, Aubrey	JR	North Kitsap Vikings	1:03.63	ST2A
3	Rehder, Lily	FR	Bainbridge Girls Swim and Dive	1:04.29	ST2A
4	Shinkle, Ava	SO	Sequim High School	1:06.15	
5	Brown, Camden	FR	Bainbridge Girls Swim and Dive	1:06.57	
6	Coviello, Jasmyrn	SR	Olympic Swim Team	1:08.31	
7	Ramey, Natalie	SO	North Kitsap Vikings	1:08.63	
8	Atchison, Evie	SO	Bainbridge Girls Swim and Dive	1:09.18	
9	Baptiste-Cerra, Chloe	FR	Bremerton High School	1:09.41	
10	Nelson, Melia	SR	Sequim High School	1:11.99	
11	Sullivan, Aine	JR	Foss High School	1:13.43	
12	Parry, Eden	SR	North Kitsap Vikings	1:15.13	
13	Scott, Junie	FR	Olympic Swim Team	1:17.14	
14	Kay-Sanders, Chloe	JR	Port Angeles High School	1:17.71	
15	Bershatsky, Kat	JR	Fife High School	1:18.47	
16	Stephens, Lola	JR	Clover Park High School	1:18.60	
17	Howard, Annika	JR	Eatonville Cruisers	1:18.76	
18	Ayala, Nadia	FR	Clover Park High School	1:19.18	
19	Maberry, Gretel	SR	North Kitsap Vikings	1:19.32	
20	Coria, Natalie	SR	Fife High School	1:24.25	
21	Seera, Damun	SR	Port Angeles High School	1:26.40	
22	McNamara, Quinn	FR	Steilacoom	1:32.83	
23	Morrish, Jane	FR	Eatonville Cruisers	1:38.89	
24	Fanony, Mara	JR	Steilacoom	1:43.88	

Event 7 Girls 100 Yard Freestyle

50.16 AAA All American
50.99 AAC All American Cons
57.60 ST2A

	Name	Year	School	Seed Time	
1	Geddes, Maya	SR	Bainbridge Girls Swim and Dive	55.99	ST2A
2	McLain, Shosho	SO	North Kitsap Vikings	56.04	ST2A
3	Majors, Piper	SR	Bainbridge Girls Swim and Dive	56.13	ST2A
4	Keigley, Audrey	FR	Bainbridge Girls Swim and Dive	58.79	
5	Forsman, Gracie	SR	Eatonville Cruisers	1:01.93	

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Event 7 ... (Girls 100 Yard Freestyle)

6	Behrenfeld, Akeyla	SR	East Jefferson	1:02.76
7	Paulson-Houser, Allie	JR	Bainbridge Girls Swim and Dive	1:03.39
8	Christensen-Lindsay, Alyssa	SR	Clover Park High School	1:04.63
9	Bischoff, Elsa	JR	Olympic Swim Team	1:07.75
10	Tomyn, Nicole	JR	Eatonville Cruisers	1:07.89
11	Morey, Keira	SR	Sequim High School	1:10.12
12	Beglyakov, Naomi	JR	Sequim High School	1:10.63
13	Leaf, Addy	SR	Klahowya Girls Swim	1:11.27
14	Riegel, Ema	JR	North Kitsap Vikings	1:13.09
15	Ray, Madison	FR	Steilacoom	1:22.48
16	Weaver, Hannah	JR	Kingston Buccaneers	1:29.39
17	Brenton, Everlee	FR	Kingston Buccaneers	1:29.41
18	Sperry, Jane	SO	Kingston Buccaneers	1:33.33

Event 8 Girls 500 Yard Freestyle

4:53.16 AAA All American
4:58.35 AAC All American Cons
5:45.00 ST2A

Name	Year	School	Seed Time	
1	Husmoe, Ashley	JR	North Kitsap Vikings	5:38.86 ST2A
2	Nelson, Amayah	SO	Port Angeles High School	5:50.98
3	Wolf, Maya	SO	Bainbridge Girls Swim and Dive	6:02.80
4	Ruddick, Shea	FR	Bainbridge Girls Swim and Dive	6:09.10
5	Harmon, Avari	JR	Bremerton High School	6:15.10
6	Bernt, Kaylee	SR	Eatonville Cruisers	6:18.48
7	Leong, Tammy	SR	Olympic Swim Team	6:20.26
8	Barry, Nadia	SR	North Kitsap Vikings	6:20.96
9	Everett, Cate	SR	Bainbridge Girls Swim and Dive	6:28.29
10	Herten, Amanda	JR	Bainbridge Girls Swim and Dive	6:30.13
11	Corn, Allison	JR	Klahowya Girls Swim	6:32.32
12	Rubio, Taylor	SR	Foss High School	6:33.84
13	Heinrich, Melanie	SO	Washington High School	6:36.75
14	DuBois, Emerson	SR	Port Angeles High School	6:44.19
15	Baysden, Emalee	SO	North Kitsap Vikings	6:44.98
16	Townsend, Lucy	FR	Port Angeles High School	6:46.80
17	Bevers, Evvie	SO	Bremerton High School	7:05.56
18	TiltonF, Anna	JR	Bremerton High School	7:06.94

Event 9 Girls 200 Yard Freestyle Relay

1:35.48 AAA All American
1:37.15 AAC All American Cons
1:49.00 ST2A

Team	Relay	Seed Time		
1	North Kitsap Vikings	1:44.02	ST2A	
1)	Hedstrom, Aubrey JR	2) Husmoe, Ashley JR	3) Yates, Carly JR	4) McLain, Shosho SO
2	Bainbridge Girls Swim and Dive	1:44.19	ST2A	
1)	Everett, Lena SO	2) Geddes, Maya SR	3) Kriegh, Sara SR	4) Majors, Piper SR
3	Port Angeles High School	1:50.60		
1)	Asgeirsson, Danika SR	2) St Luise, Brooke SR	3) Shaw, Lizzy JR	4) Reid, Lynzee JR
4	Bremerton High School	1:52.00		
1)	Baptiste-Cerra, Chloe FR	2) Bevers, Evvie SO	3) Harmon, Avari JR	4) Patti, Gabbie SR
5	Steilacoom	1:54.00		
1)	Courtney, Kristin FR	2) Norquist, Ella JR	3) Anderson, Kyra SO	4) Field, Ava JR

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Event 9 ... (Girls 200 Yard Freestyle Relay)

6	Klahowya Girls Swim				1:59.07
	1) Farmer, Yulia SO	2) Leaf, Addy SR	3) Leaf, Avery FR	4) Corn, Allison JR	
7	Olympic Swim Team				2:00.85
	1) Tracy, Laura JR	2) Bischoff, Elsa JR	3) Dahl, Mia SO	4) Hawley, Eliza SR	
8	Eatonville Cruisers				2:02.79
	1) Tomy, Nicole JR	2) Howard, Annika JR	3) Bernt, Kaylee SR	4) Forsman, Gracie SR	
9	Sequim High School				2:03.83
	1) Beglyakov, Naomi JR	2) Long, Addison SR	3) Sol, Holland JR	4) Morey, Keira SR	
10	East Jefferson				2:04.14
	1) Hanby-Perless, Serena SR	2) Schmidt, Ursula SO	3) Ferland, Bella SO	4) Behrenfeld, Akeyla SR	
11	Clover Park High School				2:08.66
	1) Ayala, Nadia FR	2) Betaudier, Amiyah FR	3) Christensen-Lindsay, Alyssa	4) Clanton, Lillian SR	
12	Fife High School				2:09.15
	1) Bershatsky, Kat JR	2) Krueger, Tabitha SR	3) Lujan, Skylee SR	4) Opanasevych, Sofia JR	
13	Foss High School				2:20.90
	1) Sullivan, Aine JR	2) Magnuson, Ellie SR	3) Korrell, Delaney JR	4) Rubio, Taylor SR	
14	Kingston Buccaneers				2:23.16
	1) Miller, Zoe SO	2) Terry, Stella JR	3) Watson, Quinn SO	4) Spencer, Phoebe FR	

Event 10 Girls 100 Yard Backstroke

54.69 AAA All American
55.91 AAC All American Cons
1:03.90 ST2A

Name	Year	School	Seed Time	
1 Field, Ava	JR	Steilacoom	1:00.38	ST2A
2 Farmer, Yulia	SO	Klahowya Girls Swim	1:03.95	
3 Longridge, Olivia	SO	Bainbridge Girls Swim and Dive	1:04.65	
4 St Luise, Brooke	SR	Port Angeles High School	1:08.04	
5 Hedstrom, Aubrey	JR	North Kitsap Vikings	1:08.36	
6 Everett, Margaret	SO	Bainbridge Girls Swim and Dive	1:09.14	
7 Nelson, Anika	FR	Bainbridge Girls Swim and Dive	1:10.33	
8 Asgeirsson, Danika	SR	Port Angeles High School	1:10.60	
9 Schneider, Teagan	SO	Bainbridge Girls Swim and Dive	1:11.41	
10 Schmidt, Ursula	SO	East Jefferson	1:11.48	
11 McVey, Estella	FR	North Kitsap Vikings	1:11.57	
12 Vogelpohl, Kaylee	SO	Olympic Swim Team	1:11.92	
13 Ramey, Natalie	SO	North Kitsap Vikings	1:12.62	
14 Scott, Junie	FR	Olympic Swim Team	1:13.39	
15 Anderson, Kyra	SO	Steilacoom	1:13.68	
16 Hanby-Perless, Serena	SR	East Jefferson	1:14.09	
17 Krueger, Tabitha	SR	Fife High School	1:14.95	
18 Tomy, Nicole	JR	Eatonville Cruisers	1:16.76	

Event 11 Girls 100 Yard Breaststroke

1:02.53 AAA All American
1:03.85 AAC All American Cons
1:13.50 ST2A

Name	Year	School	Seed Time	
1 Patti, Gabbie	SR	Bremerton High School	1:10.81	ST2A
2 Everett, Lena	SO	Bainbridge Girls Swim and Dive	1:12.68	ST2A
3 Coviello, Jasmyn	SR	Olympic Swim Team	1:15.16	
4 Yates, Carly	JR	North Kitsap Vikings	1:17.06	
5 Cera, Izzy	SR	North Kitsap Vikings	1:17.48	

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Event 11 ... (Girls 100 Yard Breaststroke)

6	Ellefson, Annie	JR	Sequim High School	1:20.71
7	Forsman, Gracie	SR	Eatonville Cruisers	1:22.15
8	Lemieux, Sofia	SO	Bainbridge Girls Swim and Dive	1:23.25
9	Everett, Cate	SR	Bainbridge Girls Swim and Dive	1:23.75
10	Shaw, Lizzy	JR	Port Angeles High School	1:23.91
11	Schramling, Nat	SR	Bainbridge Girls Swim and Dive	1:24.58
12	Maberry, Gretel	SR	North Kitsap Vikings	1:25.32
13	Kay-Sanders, Chloe	JR	Port Angeles High School	1:25.47
14	Francis, Mia	FR	Port Angeles High School	1:27.08
15	Rubio, Taylor	SR	Foss High School	1:28.04
16	Norquist, Ella	JR	Steilacoom	1:29.35
17	Infusino, Annaliese	SR	Clover Park High School	1:29.57
18	Magnuson, Ellie	SR	Foss High School	1:32.56

Event 12 Girls 400 Yard Freestyle Relay

3:27.68 AAA All American
3:31.16 AAC All American Cons
4:01.00 ST2A

Team	Relay	Seed Time
1 Bainbridge Girls Swim and Dive		3:45.96 ST2A
1) Geddes, Maya SR	2) Kriegh, Sara SR	3) Majors, Piper SR
4) Keigley, Audrey FR		
2 North Kitsap Vikings		3:51.61 ST2A
1) Husmoe, Ashley JR	2) Hedstrom, Aubrey JR	3) Yates, Carly JR
4) McLain, Shosho SO		
3 Port Angeles High School		4:09.79
1) Reid, Lynzee JR	2) Nelson, Amayah SO	3) St Luise, Brooke SR
4) Asgeirsson, Danika SR		
4 Eatonville Cruisers		4:23.07
1) Tomy, Nicole JR	2) Howard, Annika JR	3) Bernt, Kaylee SR
4) Forsman, Gracie SR		
5 Olympic Swim Team		4:28.65
1) Bischoff, Elsa JR	2) Leong, Tammy SR	3) Vogelpohl, Kaylee SO
4) Coviello, Jasmyn SR		
6 Fife High School		4:29.40
1) Bershatsky, Kat JR	2) Opanasevych, Sofia JR	3) Krueger, Tabitha SR
4) Lujan, Skylee SR		
7 East Jefferson		4:32.29
1) Hanby-Perless, Serena SR	2) Schmidt, Ursula SO	3) Bosley, Stella FR
4) Behrenfeld, Akeyla SR		
8 Sequim High School		4:35.81
1) Shinkle, Ava SO	2) Morey, Keira SR	3) Nelson, Melia SR
4) Ellefson, Annie JR		
9 Clover Park High School		5:02.01
1) Ayala, Nadia FR	2) Barajas Tovar, Camila SR	3) Christensen-Lindsay, Alyssa
4) Clanton, Lillian SR		
10 Steilacoom		5:02.40
1) Norquist, Ella JR	2) Catahan, Kalea SO	3) Ramirez, Samantha JR
4) McNamara, Quinn FR		
11 Foss High School		5:19.52
1) Sullivan, Aine JR	2) Korrell, Delaney JR	3) Magnuson, Ellie SR
4) Rubio, Taylor SR		
12 Bremerton High School		5:27.00
1) TiltonF, Anna JR	2) Barber, Leiyah SR	3) Frelcher, Abi FR
4) Bevers, Evvie SO		
13 Kingston Buccaneers		5:33.62
1) Spencer, Phoebe FR	2) Terry, Stella JR	3) Miller, Zoe SO
4) Watson, Quinn SO		